

This year due to continued COVID-19 restrictions we will be offering 3 types of swimming lessons:

1. Small Group Swim for Life Levelled Lessons (Parent & Tot to Bronze Cross)

- Levelled lessons will have a maximum number of swimmers in each class to promote physical distancing.
- Levelled lessons will take place at both the front and back docks Monday, Wednesday and Friday afternoons from 1:00 to 4:30.
- Parent & Tot to Swimmer 2 lessons are 30 minutes in length.
- Swimmer 3 to 6 lessons are 45 minutes in length.
- Swim Patrol and Bronze Levels are 60 minutes in length.
- Times will be finalized based on demand and classes will be filled in the order of registration with payment received.

2. Private Individual Lessons

- Private Individual lessons are Tuesday and Thursday afternoons from 1:00 to 4:00 at the Kettles.
- Private Individual lessons take place at the Kettles to ensure we can maintain physical distancing guidelines and the safety of our swimmers and staff.
- Private Individual lesson times are:
 - 30 minutes for Parent & Tot, Preschool and Levels 1 & 2
 - 60 minutes for levels 3 to 6, Swim Patrol and Bronze

3. Private Family Lessons

- Participants must be family members only.
- Private Family lessons are Tuesday and Thursday afternoons from 1:00 to 4:00 at the Kettles.
- Private Family lessons take place at the Kettles to ensure we can maintain physical distancing guidelines and the safety of our swimmers and staff.
- Family lessons are designed for family members with similar swimming skills.
- Family lesson times are 60 minutes.

All participants must follow COVID-19 Safety Guidelines. Those that are unable to follow these guidelines will be asked to leave the program.

2021 Kettles Participants COVID-19 Guidelines - SWIMMING

1. Program participants must not attend if they have a fever, are feeling sick, or have been in contact with someone who may have had COVID-19 in the last 14 days.
2. All participants must complete the COVID-19 school and child-care screening tool found at <https://covid-19.ontario.ca/school-screening/> prior to arrival at each lesson.
3. **Screening – Following completion of the COVID-19 school and child-care screening tool, all participants must complete the following Kettles Association Covid-19 Daily Self-Assessment Confirmation form prior to coming to the program each day.** <https://forms.gle/7LCRkGqrG22CVebXA> to meet the Ministry of Health's COVID-19 Public Health Guidelines for Day Camps.
4. Participants that show symptoms of COVID-19 while in camp will be isolated from other participants and parents will be contacted to immediately pick up their child(ren).
5. Participants will remain in their cohort for the duration of the week.
6. Participants will wear face coverings when 2 m distancing cannot be maintained.
7. Swimmers must remove face coverings prior to going in the water.
8. Individuals may NOT stay and watch small group lessons that are taking place in order to comply with government regulations minimizing the number of people in one area. Please drop and go...
9. The outhouses are closed until further notice.
10. Boats should dock at the front or back dock of the Kettles depending on the location of the participants swim lessons whenever possible.
11. Please stay on the docks and designated pathways.
12. Please stay on the right-hand side of the path if you need to walk between the back and front.
13. Sign-up and payment for lessons must occur prior to arriving at the Kettles through email and e-transfer (see registration and payment information below).
14. Programs will be limited, so please sign up early to avoid disappointment,
15. Programs are for Kettles Association members only. Please inquire should you want to join the Kettles Association.

Registration and Payment

- **Step 1 Registration**
 - email your registration form to Riley Comish the kettlesjuniorclub@gmail.com
- **Step 2 Payment**
 - If we have availability, you will receive a confirmation email from Riley once we process your registration with the times and dates for lessons and the total amount due.
 - An e-transfer to kettlesjuniorclub@gmail.com will then be required to secure your spot.

Program Fees

Swim for Life Levelled Lessons	Per Week
Parent & Tot and Preschool	\$40
Swim Kids Levels 1-2	\$40
Swim Kids Levels 3-6	\$60
Swim Patrol (Rookie, Ranger or Star)	\$70
Bronze (Star, Medallion and Cross)	\$70
Swim Program	Per Lesson
Private Individual Lessons (30 min) ○ Parent & Tot, Preschool, Level 1-2	\$25
Private Individual Lessons (60 min) ○ Level 3-6, Swim Patrol, Bronze	\$40
Private Family Lessons (60 min)	\$60

Junior Program Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
8:30 AM					
8:45 AM					
9:00 AM	Regular Sailing 9:00-11:30	Beginner Sailing 9:00-11:30	Regular Sailing 9:00-11:30	Beginner Sailing 9:00-11:30	Regular Sailing 9:00-11:30
9:15 AM					
9:30 AM					
9:45 AM					
10:00 AM					
10:15 AM					
10:30 AM					
10:45 AM					
11:00 AM					
11:15 AM					
11:30 AM					
11:45 AM					
12:00 PM					
12:15 PM					
12:30 PM					
12:45 PM					
1:00 PM	Small Group Swimming Lessons 1:00- 4:30	Sailing Private Individual and Family Lessons 1:00-4:00	Advanced Group Sailing Lessons 1:00- 3:30	Sailing and Swimming Private Individual and Family Lessons 1:00-4:00	Small Group Swimming Lessons 1:00- 4:30
1:15 PM					
1:30 PM					
1:45 PM					
2:00 PM					
2:15 PM					
2:30 PM					
2:45 PM					
3:00 PM					
3:15 PM					
3:30 PM					
3:45 PM					
4:00 PM					
4:15 PM					
4:30 PM					

Swimming 2021		
	Front Dock	Back Dock
1:00-1:15		
1:15-1:30	Swimmer 3 & 4	Preschool
1:30-1:45		Swimmer 1
1:45-2:00		
2:00-2:15	Swimmer 5 & 6	Swimmer 2
2:15-2:30		
2:30-2:45		Parent & Tot
2:45-3:00	Swim Patrol (Rookie, Ranger, & Star)	
3:00-3:15		
3:15-3:30		
3:30-3:45		
3:45-4:00	Bronze (Star, Medallion, & Cross)	
4:00-4:15		
4:25-4:30		

Waiver Information

This is my consent for my family (the "Participants") to participate in activities organized by the Kettles Association (the "Activities"). In consideration for the Participants being permitted to take part in the Activities, I hereby release and discharge the Kettles Association, its directors, officers, members, employees, agents, independent contractors and volunteers from all claims, actions, causes of action or demands, including claims in negligence, arising out of, or in any way connected with the Participants participation in the Activities, howsoever arising or caused. I declare that this release is binding upon me, my children and each of our heirs, executors, administrators and assigns. I further certify that the participants are all covered by OHIP and/or private health insurance.

Photos of your child may appear in our newsletters, handbooks, website and/or social media. If you would prefer not to grant permission for the use of photos, please email Riley Comish at kettlesjuniorclub@gmail.com